

A knitted scarf on a mannequin

Description automatically generated

CY1832

BOHO SPIRIT

GATHERED COWL

## Measurements

Actual Measurements - Top edge 65 cm (25 ½”) approx.

Bottom edge 109 cm (43”) approx.

## Materials

Cygnet Boho Spirit x 100g in shade Dream (6943) x 2 balls

4.5mm circular knitting needles with 60 cm cable, **or size needed to achieve tension.**

4mm circular knitting needles with 60 cm cable.

6 Stitch markers

Tape measure.

Scissors

Tapestry needle to sew in ends.

## Abbreviations

K – knit P – purl st(s) - stitch(es)

rep – repeat beg – beginning RH – right hand.

LH – left hand BOR – beginning of round K2tog – knit 2 sts together.

K3tog – knit 3 sts together P2tog **-** Purl 2 sts together Kfb – knit front and back of st

YO – Yarn Over. Bring yarn to front of work between needles, return to back of work by taking over top of RH needle.

GS **–** Gather Stitch. K3tog but do not slip sts off LH needle, YO, K same 3 sts together again, now slip 3 sts off LH needle.

## TENSION

6.5 GS and 24 rows to 7.5 cm (3 in) measured over Gathered Stitch Pattern using 4.5 mm needles. If your tension is too tight use a larger needle, if too loose use a smaller needle.

## PATTERN NOTES

Shaped by simple decreases this conical cowl is designed to lie in cosy folds around your neck and shoulders.

It is worked in the round from the bottom up beginning with the decorative Channel Island cast on. This has the added advantage of creating 2 stitches at a time which makes casting on the large number required for the bottom edge much quicker! The start of the round is placed at the back of the neck where the decreases are slightly further apart (the pattern jog helps indicate this for the wearer of the finished cowl).

The main body of the cowl features the Estonian 3 into 3 gathered stitch, a pretty stitch often found in traditional Estonian lace patterns. This is also what gives the cowl its name.

The cowl ends with a rolled hem which is worked on smaller needles and provides a soft top edge around your neck and face.

## CHANNEL ISLAND CAST ON

Step 1: Measure out a tail allowing 1” for each stitch you will cast on. Add 10” to this length, make a slip knot at this point and place on needle (slip knot counts as a st).

Step 2: Fold tail in two placing end **over** working yarn (on right hand side of needle above). Leave at least 6” past this point for weaving in later.

Step 3: Wrap 2 LH strands **counterclockwise** around LH thumb twice.

Step 4: Insert point of needle from bottom to top under both strands on thumb.

Step 5: Bring RH yarn around the needle to make a stitch.

Step 6: Bring needle back through loops on thumb.

Step 7: Take loops off thumb and tighten loops with LH until knot forms – 2 sts on needle.

Step 8: YO with RH strand.

Repeat Steps 3-8 until, **after completing Step 7**, you have desired number of sts.

Each repetition makes 2 sts and begins with a YO, but, because the initial slip knot replaces this and counts as a st at the beginning the YO is shown as Step 8.

## GATHERED STITCH PATTERN

Round 1: Knit.

Round 2: K1, \*GS; rep from \* to end of round.

Round 3: Knit.

Round 4: K2, \*GS; rep from \* until 2 sts remain, k2.

Round 5: Knit.

Round 6: \*GS; rep from \* until 1 st remains, k1.

# PATTERN:

## BOTTOM HEM

With 4.5mm needles cast on 262 sts using the Channel Island cast on. Place marker every 50 sts to aid counting.

To join in the round lay work in a circle on a hard surface and move all “beads” to inside of circle (this helps to prevent twisting your sts) and place unique marker for BOR. Leaving at least a 15 cm (6”) tail for weaving in cut both LH strands.

Round 1: Knit, removing all markers except BOR.

Round 2: Purl.

Round 3: Knit.

Round 4: Rep round 2. Undo starting slip knot.

## PART ONE

Rounds 1-12: Work Rounds 1-6 of Gathered Stitch Pattern (above) twice.

Round 13: Knit.

Round 14: \*P2tog; rep from \* to end of round.

Round 15: \*Kfb; rep from \* to end of round.

Round 16 (decrease round): K5, (k2tog, k8, k2tog, k9) x 12, k5 – 238 sts.

## PART TWO

Round 17: Rep round 2 of Gathered Stitch Pattern.

Rounds 18-20: Knit

Round 21: Rep round 2 of Gathered Stitch Pattern.

Rounds 22-24: Knit

Round 25: Rep round 4 of Gathered Stitch Pattern.

Rounds 26-28: Knit

Round 29: Rep round 4 of Gathered Stitch Pattern.

Rounds 30-32: Rep rounds 13-15.

Round 33 (decrease round): K5, (k2tog, k7, k2tog, k8) x 12, k5 – 214 sts.

## PART THREE

Round 34: Rep round 6 of Gathered Stitch Pattern.

Rounds 35-37: Knit

Round 38: Rep round 6 of Gathered Stitch Pattern.

Rounds 39-41: Knit

Round 42: Rep round 2 of Gathered Stitch Pattern.

Rounds 43-45: Knit

Round 46: Rep round 2 of Gathered Stitch Pattern.

Rounds 47-49: Rep rounds 13-15.

Round 50 (decrease round): K5, (k2tog, k6, k2tog, k7) x 12, k5 – 190 sts.

## PART FOUR

Round 51: Rep round 4 of Gathered Stitch Pattern.

Rounds 52-54: Knit

Round 55: Rep round 4 of Gathered Stitch Pattern.

Rounds 56-58: Knit

Round 59: Rep round 6 of Gathered Stitch Pattern.

Rounds 60-62: Knit

Round 63: Rep round 6 of Gathered Stitch Pattern.

Rounds 64-66: Rep rounds 13-15.

Round 67 (decrease round): K5, (k2tog, k5, k2tog, k6) x 12, k5 – 166 sts.

## PART FIVE

Round 68: Rep round 6 of Gathered Stitch Pattern.

Round 69: Knit

Round 70: Rep round 4 of Gathered Stitch Pattern.

Round 71: Knit

Round 72: Rep round 2 of Gathered Stitch Pattern.

Round 73: Knit

Rounds 74- 78: Rep rounds 68-72.

Rounds 79-81: Rep rounds 13-15.

## ROLLED HEM

Change to smaller needles and knit 6 rounds.

Cast off, sew in all ends and block to given measurements.

[Please click here for Special Techniques](https://drive.google.com/file/d/1nHPzUzGmCw1h9_zkzY1GDkuGTcnu5wr1/view?usp=sharing)



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